



Star DENTAL

PRE-OP INSTRUCTIONS: IV SEDATION

Wisdom teeth removal and oral surgery - preparation checklist

IMPORTANT: THIS HANDOUT IS FOR PATIENTS CHOOSING IV SEDATION

Sedation is optional. Many patients have wisdom teeth removed with local anesthetic alone. If you are **not** receiving IV sedation, ask the Star Dental team which preparation instructions apply to you.

Before your appointment

- **Do not eat or drink for eight (8) hours before your scheduled appointment.** If you eat or drink during this period, IV sedation may need to be postponed. Follow any different fasting instruction given directly by your treating dentist.
- Arrive **15 minutes early** to complete check-in and allow time for the team to review your health history and instructions.
- Arrange for a **responsible adult driver and escort.** Your escort must remain at the office during treatment, drive you home, and stay with you for at least the first six hours. A taxi, bus, or rideshare is acceptable only when a responsible adult companion travels with you.
- Review all prescriptions, over-the-counter medicines, supplements, allergies, and recent health changes with the dental team before the procedure. **Take regular medicines only as directed by your dentist or prescribing clinician.** If instructed to take a medicine, use only a few sips of water.
- Tell us if you develop a cold, cough, fever, breathing problem, new illness, or any change in your medical condition before the appointment.

What to wear and bring

- Wear loose, comfortable clothing that is not tucked in. The team needs access to your arms and waist area for blood-pressure and ECG monitoring.
- Bring a sweater, jacket, or small blanket if you tend to feel cold.
- Remove contact lenses before sedation. Avoid dark fingernail polish, jewelry, and watches.
- Leave valuables at home or with your escort. Bring your photo ID, insurance information, and any requested medication list.

Plan for the rest of the day

- Plan to rest after treatment. Do not drive, operate equipment, drink alcohol, make important decisions, or sign legal or financial documents for at least 24 hours after IV sedation.
- Your responsible adult should help you walk and follow the discharge instructions provided after treatment.

Questions before your appointment?

Call **Star Dental at 303-222-1414.** Personalized instructions from your treating dentist take priority over this general handout.